

# **RIS SUMMER SCHOOL – TARGETED NUTRITION**

The **RIS** Inspire Programme will raise awareness in **RIS** countries on global food challenges and provide trainings on the latest innovations in Food & Agriculture.

A proper nutrition is important at any age for a healthy and fulfilling life. For this purpose, it is important that education commits itself to support and teach people into enjoying a sustainable, safe and healthy diet. The mission is to put Europe at the centre of a global transformation in how food is innovated, produced and valued by society.

In this summer school, students will learn how to develop healthy innovative food products for consumers with specific nutritional needs. They will learn to understand the target groups with specific nutritional needs or where nutrients are currently lacking in a particular population group. They will understand how to develop food products, from the consumer understanding and ingredients, through to food processing, food safety and packaging.

# **PROGRAMME STRUCTURE**

Over a period of 4 weeks, the course will provide a dynamic and supportive environment for you to explore the development of food products for targeted consumer groups, develop your entrepreneurial mindset and learn how you can transform your ideas into business propositions. **The summer school will be delivered fully ONLINE**.

# **ELIGIBILITY**

Targeted Nutrition is open to Bachelor, MSc and PhD students, coming from European RIS countries, as well as graduates and professionals interested in nutrition or food. The course would also suit aspiring entrepreneurs or professionals wishing to move into this sector.

# DEADLINE

The school is currently underway and will be replicated in the coming months of 2021. For more information you can **send an email to** the Prof. **Urszula Krupa** - <u>Urszula.Krupa@pan.olsztyn.pl</u>

# FEES

**No fees are required for students coming from RIS countries.** Applicants from non-RIS countries will have to pay a small participation fee. The participation fee cost is EUR 250.